

**Toe River Human Services & Food Directory**  
**A Project of the Toe River Food Security Network Partnership**

May-16

Service Need	Organization	Contact Person	Contact Information	Comments
<b>Access to Food:</b>				
<b>FOOD PANTRIES</b>				
	Mount Pleasant Baptist Church	Connie McMahan	828-675-4014 <a href="mailto:mountainconnie@yahoo.com">mountainconnie@yahoo.com</a>	
	Bolens Creek Baptist Church	Benda Banks	828-682-2129 or 828-208-3999	
	Full Gospel Church	Shelby Jean Simmons	828-284-0375 <a href="mailto:jeans@trcemail.com">jeans@trcemail.com</a>	
	Reconciliation House	John Miller	828-682-7251 <a href="mailto:johnmiller003@gmail.com">johnmiller003@gmail.com</a>	Food Pantry, Clothing , HH items & Utility Assistance
	Higgins Methodist- Yancey County	Teri Darnall, RN	828-682-2835/208-1904	Chronic Illness Food Needs
	West Burnsville Batist Church	Annette Charlton	828-682-3990	Benevolence Fund for Special Needs/Emergencies Venison when available
<b>Access to Food:</b>				
<b>CHILDREN</b>				
	West Burnsville Batist Church	Shannon Raines	828-682-3990	<a href="#">Dinner &amp; Bible study- Wed</a>
	Yancey Schools Weekend Backpack Program	Elementary & Middle Schools	<a href="mailto:rbwyatt2001@gmail.com">rbwyatt2001@gmail.com</a>	School staff identifies children in need
	Yancey County Free Lunch Program	Lynne Deyton	828-682-6011	
	Mitchell County Free Lunch Program	Heather Calhoun	828-688-4432	
	Yancey County WIC		828-682-4198	Contact County Health Dept.
	Mitchell County WIC		828-688-4668	Contact County Health Dept.
	Yancey County SNAP		828-682-6148	Food Stamps
	Mitchell County SNAP		828-688-2175	Food Stamps
	White Oak Church	Pastor Charles Carroll	828-675-0489	Snacks for kids in need at South Toe Elementary
<b>Access to Food:</b>				
<b>SENIOR CITIZEN</b>				
	Yancey Senior Center- Meals on Site & Meals on Wheels		828-682-6750	

## Toe River Human Services & Food Directory

### A Project of the Toe River Food Security Network Partnership

May-16

Service Need	Organization	Contact Person	Contact Information	Comments
	Mitchell Senior Center- Meals on Site & Meals on Wheels		828-688-3019	
	Newdale Presbyterian- Feed My Sheep	Pastor Jim Taylor	828-963-0349	Food
	Grassy Creek Presbyterian- Feed My Sheep	Pastor Bobby Justus	828-467-3515/688-4413	Food & Visitation
	Micaville Presbyterian Church- Feed My Sheep	Pastor John Hall	828-467-9640/688-3042	Food & Visitation
<b>Access to Food:</b>				
<b>Latino</b>				
	Service Center for Latinos-M	Silvia Peterson	828-208-0215	Fresh food distribution 1X per month for any one- call 1st

**Toe River Human Services & Food Directory**  
**A Project of the Toe River Food Security Network Partnership**

May-16

Service Need	Organization	Contact Person	Contact Information	Comments
<b>Gardening/Cooking</b>				
<b>Education/Church</b>				
<b>Gardens</b>	Cooperative Extension- Y		828-682-6187	
	Cooperative Extension- M		828-688-2051	
	First Baptist Church- Seeds of Hope	Janice Holder	828-682-2288	Communtiy Garden: raised bed space available w/ a chidren's play area
	Dig-in Community Garden-Harvest Tables & Cooking Demos	Kathleen Wood	828-536-0414	Seasonal: May-September <a href="mailto:info@diginyancey.org">info@diginyancey.org</a>
<b>Locally Grown Food for Purchase</b>				Occasional food demos- Saturday 8:30-12:30 April-December
	Farmer's Market- Burnsville	Jackie		Occasional food demos- Sat. 8:30-12:30 April-Dec
	Farmers Market- Spruce Pine		Dry County Brewery/Pizza	Upper Street- Wed. 2-5
	Farmers Marke- Bakersville			May-October Sat. 8-12 May-Oct.
<b>Addiction/ Mental Health Counseling</b>				
	RHA Yancey		828-682-2111	
	RHA Mitchell		828-765-0894	
	AA/ NA Yancey			Higgins Methodist Church MWF Noon, TFS 8PM Hispanic: MWF 8pm, TTH: Noon
	AA/ NA Yancey			Newdale Presbyterian Church Sat 8PM
	AA/ NA Mitchell			Trinity Episcopal Church TH 8 PM, SAT 10 AM & 8 PM
	AA/ NA Mitchell			Ledger Baptist Church M 8PM

**Toe River Human Services & Food Directory**  
**A Project of the Toe River Food Security Network Partnership**

May-16

<b>Service Need</b>	<b>Organization</b>	<b>Contact Person</b>	<b>Contact Information</b>	<b>Comments</b>
<b>Budget Education</b>				
	Cooperative Extension- Yancey County		828-682-6187	
	Cooperative Extension- Mitchell County		828-688-2051	
	Mitchell County DSS		828-688-2175/ ext 331	Income Maintenance
	Yancey County DSS		828-682-6148	Income Maintenance

**Toe River Human Services & Food Directory**  
**A Project of the Toe River Food Security Network Partnership**

May-16

Service Need	Organization	Contact Person	Contact Information	Comments
<b>Child Care: Low Cost</b>				
	Yancey County Child Development Center		828-682-2469	
	Yancey County Head Start		828-682-6669	
	Laurel Creek Development Center		828-766-7677	
<b>Child Development</b>				
	Intermountain Head Start		828-688-2199	
	Mitchell-Yancey Partnership for Children		828-682-0047	
	Children's Disabilities Agency		828-682-4772	
<b>Clothing</b>				
	Reconciliation House		828-682-7251	
	Charity House Mission	Jewel Huskins	828-678-0726	
	Salvation Army- Yancey County		828-678-3577	
<b>Education: Adult/ GED</b>				
	Mayland Community College		828-682-7315- Yancey County 828-765-7351 Mitchell County	Job Training/New Opportunity School for Women
<b>Emergency Services</b>				
	Charity House Mission	Jewel Huskins	828-678-0726	Bedding, blankets, clothing
			<a href="mailto:jewelhuskins3@aol.com">jewelhuskins3@aol.com</a>	shelter, HH items
	Higgins Methodist Cold Night Shelter		828-682-2835	Under development
	Mitchell County Sheriff's Dept.		828-688-3982	
	Yancey County Sheriff's Dept.		828-682-2124	
	Burnsville Police Dept.		828-682-4683	
	Bakersville Police Dept.		828-688-2113	
	Spruce Pine Police Dept.		828-765-2233	
<b>Employment</b>				
	Joblink Career Center Employment Security Commission		828-682-6618 - Y 828-765-7376- M	

## Toe River Human Services & Food Directory

### A Project of the Toe River Food Security Network Partnership

May-16

Service Need	Organization	Contact Person	Contact Information	Comments
	Mountain Opportunities Center		828-688-3050	special needs
	Dept. of Labor		828-765-0340	
	WAMY/ Jobcorp		1-800-571-9269	

**Toe River Human Services & Food Directory**  
**A Project of the Toe River Food Security Network Partnership**

May-16

Service Need	Organization	Contact Person	Contact Information	Comments
<b>Family Violence</b>				
	Yancey County Sheriff's Dept.		828-682-2124	
	Mitchell County Sheriff's Dept.		828-688-3982	
	Safe Place- Mitchell County		828-765-4044	
	Family Violence Coalition- Yancey County		828-682-5655	
	Mitchell County DSS		828-688-2175	
	Yancey County DSS		828-682-6148	
<b>Health/ Dental Care: Low Cost</b>				
	Mitchell County Health Dept.		828-688-2371	
	Yancey County Health Dept.		828-682-6118	
	ECU- Spruce Pine Dental Center		828-765-0110	
	Mitchell County DSS		828-688-2175 ext 331	Family and Child Medicaid
	Yancey County DSS		828-682-6148	
<b>Housing: Low Cost/ Rehab</b>				
	Spruce Pine Housing Authority		828-765-9182	
	Mitchell County DSS		828-688-2175	
	Yancey County DSS		828-682-6148	
	Yancey County Housing Authority		828-682-2216	
	Yancey Homes of Hope	Annette Charlton	828-682-3990	Repairs home/ handicap steps
	First Baptist Church Burnsville		828-682-2288	Handicap Ramp Construction
	Habitat for Humanity		828-766-9000	Yancey & Mitchell houses
	WAMY	Andre	1-800-571-9269	Winterization for fuel savings
<b>Latino</b>				
	Farmworker Health Program	Silvia Peterson	828-208-0215	Medical/ Dental/ Special Care/ Transportation Services
	Mayland Community College- Yancey		828-682-7315	ESL: M W 6-9 PM
	Mayland Community College- Mitchell	Whitney Hobart	828-766-1326	Has multiple sties for ESL
<b>Medicine</b>				

## Toe River Human Services & Food Directory

### A Project of the Toe River Food Security Network Partnership

May-16

Service Need	Organization	Contact Person	Contact Information	Comments
	My Meds		828-682-4000- Y	Discounted or free medication assistance
			828-766-6637	



**Toe River Human Services & Food Directory**  
**A Project of the Toe River Food Security Network Partnership**

May-16

Service Need	Organization	Contact Person	Contact Information	Comments
<b>Peer Support Program</b>				
	RHA	Stephanie Lee <a href="mailto:stephanie.lee@rhanet.org">stephanie.lee@rhanet.org</a>	828-682-2111 Y 828-765-0894 M	Addresses basic, daily behavioral challenges by referral to community resources leading to increased independence
<b>Mental Health Services</b>				
	RHA		828-682-2111/ Yancey County 828-7658-0894 Mitchell County	Mental Health Counseling
	Mobile Crisis Management- RHA		828-682-2111/ Yancey County 828-7658-0894 Mitchell County	Call main number, state situation, unit will arrive where person is
<b>Respite Services</b>				
	Hospice		828-682-9675/ Yancey County 828-765-5667/ Mitchell County	
<b>Senior Citizen Issues</b>				
	High Country Area on Aging		828-265-5434	
	See: Access to Food Senior Citizen			
<b>Sexual Abuse</b>				
	Yancey County DSS		828-682-6148	24 hours a day
	Mitchell County DSS		828-688-2175	24 hours a day
	Mitchell County Sheriff's Dept.		828-688-3982	Alternate after hours number
	Yancey County Sheriff's Dept.		828-682-6148	Alternate after hours number
<b>Transportation</b>				
	Mitchell County Transportation		828-688-2139 ext 1632	M-F 7:30 - 4:30
	Yancey County Transportation		828-682-6144	M-F 7:30 - 4:30
	Mitchell County DSS		828-688-2175	Medicaid Transportation
	Yancey County DSS		828-682-6148	Medicaid Transportation

## Toe River Human Services & Food Directory

### A Project of the Toe River Food Security Network Partnership

May-16

Service Need	Organization	Contact Person	Contact Information	Comments
<b>Utilities: Heat/ Electricity</b>				
	Reconciliation House		828-682-7251	Fuel Oil Fund
	Mitchell County DSS		828-688-2175	Fuel Oil Fund
	Yancey County DSS		828-682-6148	Fuel Oil Fund
	Bolens Creek Baptist Church- Yancey	Pastor	828-208-9280	Firewood
<b>Vision Needs Low Cost</b>				
	Burnsville Lions Club		828-682-3405	
	Spruce Pine Lions Club		141 Highland Ave. Spruce Pine	Eyeglass application on line- google Spruce Pine Lions Club
	Mitchell County DSS	Stephanie Biddix	828-688-2175 ext 319	
	Yancey County DSS		828-682-6148	