

TOE RIVER HEALTH DISTRICT: QUICK LIST OF ACCESSIBLE RESOURCES

Factual information on various health topics including national, state and local statistics. For any other or more detailed information, please contact your local public health department at:

Avery County Health Department (828) 733-6031

Mitchell County Health Department (828) 688-2371

Yancey County Health Department (828) 682-6118

GENERAL HEALTH INFORMATION AND STATISTICS

Toe River Health District website: www.toeriverhealth.org

- Most Current Community Health Assessment per county
- Most Current State of the County Health Report per county
- Links

Center for Disease Control (CDC): www.cdc.gov

Medline Plus: <http://www.nlm.nih.gov>

National Institutes of Health (NIH): www.nih.gov

United States Department of Health and Human Services: <http://www.hhs.gov/>

North Carolina Department of Health and Human Services: www.dhhs.state.nc.us

American Academy of Pediatrics: <http://www.healthychildcare.org>

World Health Organization: www.who.int/en/

NC State Center for Health Statistics: www.schs.state.nc.us

PRAMS (statistics for pregnancy and birth under State Center for Health Stats)

American Cancer Society: www.cancer.org

US Census Bureau: www.census.gov

North Carolina Public Health www.ncpublichealth.com

RESEARCH

Kaiser Family Foundation: <http://kff.org/>

USDHHS - Agency for Health Care Research and Quality: <http://www.ahrq.gov>

MAHEC Health Services Library: <http://www.mahec.net/library>

HEALTH DEPARTMENTS

NC Health Departments (by county): <http://www.ncalhd.org/directors/>

GOVERNMENT REGULATIONS, LAWS, ETC.

Government Bill Tracking: <http://www.govtrack.us/>

NC Legislature: www.ncleg.net

NUTRITION

Food & Drug Administration: <http://www.fda.gov/>

My Pyramid (USDA): <http://www.cnpp.usda.gov/mypyramid>

Food and Nutrition Information Center: Resource list: <http://www.nal.usda.gov>

NC East Smart Move More State Health Promotion: www.eatsmartmovemorenc.com

Dole Nutrition: www.dole.com

NC Folic Acid Council: <http://everywomannc.com/>

American Diabetes Association www.diabetes.org

LUNG AND HEART HEALTH

American Heart Association: <http://www.americanheart.org>

American Lung Association: www.lungusa.org

National Heart, Lung and Blood Institute: <http://www.nhlbi.nih.gov/health/dci/index.html>

DRUGS AND ALCOHOL

North Carolina Substance Abuse Professional Practice Board (NCSAPPB):

<http://www.ncsappb.org/>

Drugs and Alcohol: www.kidshealth.org

Tobacco Reality Unfiltered: <http://www.tru.nc.gov/>

NC Quitline: www.quitnownc.org

SAFETY

National Highway Traffic Safety Administration: www.nhtsa.dot.gov

SEXUAL HEALTH

National Campaign to Prevent Teen Pregnancy: <https://thenationalcampaign.org/>

Adolescent Pregnancy Prevention Coalition of North Carolina:

http://www.learnnc.org/pddir/Pregnancy_Prevention

Planned Parenthood: www.plannedparenthood.org/

AIDS & HIV information from the AIDS charity: www.avert.org

Association of Reproductive Health Professionals: <http://www.arhp.org>

Center for Disease Control: www.cdc.gov

HIV Testing Sites: www.hivtest.org

Know HIV/AIDS: www.knowhivaids.org

MATERNITY INFORMATION

March of Dimes: www.marchofdimes.com

Childbirth Connection: www.childbirthconnection.com

Lamaze International: www.lamaze.org

AVERY COUNTY RESOURCES/ COUNTY WEBSITE www.averycountync.gov
NC Cooperative Extension Agency - Avery County <http://avery.ces.ncsu.edu/>
Avery County Chamber of Commerce www.averycounty.com
Avery County Partnership for Children (Smart Start) <http://www.mypartnershipforchildren.org/>
Avery County Morrison Public Library <http://www.amyregionallibrary.org/avery/index.html>
Cannon Memorial Hospital
<https://apprhs.org/locations/location-directory-search-results/157-cannon-memorial-hospital>

MITCHELL COUNTY RESOURCES/COUNTY WEBSITE www.mitchellcounty.org
NC Cooperative Extension Agency - Mitchell County <http://mitchell.ces.ncsu.edu/>
Mitchell County Chamber of Commerce www.mitchell-county.com
Mitchell County Partnership for Children (Smart Start) <http://www.mypartnershipforchildren.org/>
Mitchell County Public Libraries <http://www.amyregionallibrary.org/mitchell/index.html>
Blue Ridge Regional Hospital <http://www.spchospital.org/>

YANCEY COUNTY RESOURCES/COUNTY WEBSITE www.yanceycountync.gov
NC Cooperative Extension Agency - Yancey County <http://yancey.ces.ncsu.edu/>
Yancey County Chamber of Commerce www.yanceychamber.com
Yancey County Partnership for Children (Smart Start) <http://www.mypartnershipforchildren.org/>
Yancey County Public Library www.amyregionallibrary.org/yancey/index.html
Blue Ridge Regional Hospital <http://www.spchospital.org/>